

**THE TOUR DE L'AIN CYCLOSPORTIVE**  
**Sunday 1st August 2021**

**RULE**

**1. Organisation**

**The Lélex - Pays de Gex**, an event on the calendar of the French Cycling Federation (FFC), will take place on Sunday 7 August 2022.

This cycling event is organised by Alpes Vélo under the regulations of the French Cycling Federation (FFC).

**2. Conditions of participation**

The event is open to licensed and non-licensed cyclists and cyclosporatives aged 17 and over (born before 01/01/2005).

Competition" licence holders must enclose a photocopy of their 2022 licence with their registration. Other competitors (FFCT licence holders and non-licence holders) must provide the original or a photocopy of a medical certificate bearing the words "fit for competitive cycling" and dating less than 1 year before the day of the race.

Competitors born in 2004 or 2005, who are minors on the date of the event, must also provide a parental certificate.

Each participant acknowledges having read the present regulations, accepting the clauses in their entirety, including the health measures related to COVID-19, but also accepting the normal and frequent risks related to cycling, such as individual or collective falls.

**3. Parcours**

Sunday 7th August 2022

LÉLEX MONTS-JURA > LÉLEX MONTS-JURA

**Short course : 70 km and 1380 m of ascent +**

**Medium course : 100 km and 1980 m of ascent +**

**Long course : 130 km and 2600 m of ascent +**

The route is defined subject to prefectural authorisation and can be modified by the organiser if necessary.

**4. Start and Finish**

Start : The departure will be given Centre Station in LÉLEX MONTS-JURA.

Reception of participants and delivery of race numbers from 7:00 am.

Start : 9:00 a.m.

Finish : The arrival will be judged Centre Station at LÉLEX MONTS-JURA.

Meals and Showers : at LÉLEX MONTS-JURA.

## 5. Inscription

The registration fee includes :

- An Lélex - Pays de Gex collector's jersey (must be worn during the event)
- Individual timing
- Course signposting
- Safety motorbike supervision
- Medical assistance
- Refreshments on the course
- Welcome coffee and pastries on departure
- Access to the bike park and showers on arrival
- The meal on arrival

Registrations can be made by post - by returning the attached form - or online at [www.sportsnconnect.com](http://www.sportsnconnect.com)

The deadline for registration is 6th August 2022 ; on-site registration possible, subject to availability.

Rates are subject to change according to the date of registration :

Small course before 15th July : **30 € then 35 €**

Medium course before 15th July : **40 € then 45 €**

Large course before 15th July : **50 € then 55 €**

Meals for accompanying person(s) after the stage: **+ 15 €**

Individual accident insurance (compulsory for non-FFC licensees): **+ 3 €**

Race numbers are allocated in the order in which the registration forms are received.

## 6. Category

The competitors are divided into 12 categories :

Category A : men from 17 to 29 years old\*.

Category B : men between 30 and 39 years old\*.

Category C : men between 40 and 49 years old\*.

Category D : men between 50 and 59 years of age

Category E : men from 60 to 69 years old\*.

Category F : men aged 70\* and over

Category G : woman from 17 to 29 years of age

Category H : woman from 30 to 39 years old\*.

Category I : woman between 40 and 49 years old\*.

Category J : woman from 50 to 59 years of age\*

Category K : woman from 60 to 69 years old\*

Category L : woman aged 70\* and over

\* age in the current year.

## 7. Security

Competitors must imperatively respect the highway code, otherwise they will be sanctioned, ride on the right, control and adapt their speed and stay in control of their trajectory.

Any competitor overtaken by the "End of Race" device at any point on the course will be disqualified. He will have to give back his race number to the race stewards, but he will be allowed to continue on his own responsibility and on his own account.

## **8. Wearing a helmet and equipment**

Wearing a hard-shell helmet is compulsory and each competitor undertakes to wear it throughout the event. Participants lose the benefit of insurance cover if they do not wear a helmet. Non UCI-approved equipment is forbidden on the Tour de l'Ain cyclosportive.

## **9. Responsibility for the equipment**

Competitors are responsible for the proper functioning and monitoring of their equipment. The participants acknowledge the organiser's non-responsibility for the surveillance of goods or objects in the event of theft or loss.

## **10. Follower cars**

Follower cars are forbidden.

## **11. Technical assistance**

Each competitor must be autonomous and must leave with a minimum repair kit including, in particular, spare hoses or inner tubes to provide for any puncture. An assistance van will circulate at the end of the event and will be able to ensure the repatriation of competitors who are victims of major mechanical incidents.

## **12. Refreshment**

Refreshment points are organised on the different courses. Competitors may be supplied by their companions at other points on the course provided that the refreshments are provided by a pedestrian and do not affect the safety of the event. The refuelling of a participant from a moving vehicle is forbidden and will result in the immediate disqualification of the participant.

## **13. Environment**

The throwing of any object, paper or rubbish on the road is strictly forbidden, under penalty of punishment, especially in so-called sensitive areas (Natura 2000). In addition, a waste collection area is set up after each refuelling area.

## **14. Insurance**

Civil liability : the organisers have taken out a contract covering their civil liability as well as that of the participants involved. It takes effect only on the official route and for the duration of the event, for participants who are regularly registered, checked at the start, on the course and up to the finish.

Individual accident and health-related : It is the responsibility of the participants to guarantee themselves, obligatorily.

Material damage and liability : Neither the organiser nor its insurer will cover any damage to participants' equipment and materials, particularly in the event of a fall or theft. It is the responsibility of each participant to take out a guarantee.

## **15. Protocol and trophies**

A trophy will be awarded to the best times in each category during the meal at LÉLEX MONTS-JURA.

## **16. Refund**

Registration is firm and final. However, in case of non-participation for serious reasons : accident, total incapacity, ... the registration fee will be refunded only upon written request before Friday 12th August 2022 (postmark as proof) with a compulsory medical certificate.

In the event of any deterioration in health conditions on the territory up to the day before the event, in conjunction with the public authorities, the organiser may decide to cancel the cyclo sportive. In this case, the organisation will reimburse each participant in full.

## **17. Image rights**

By registering, participants authorise the organisers to use any images taken during the event on which they may appear.

## **18. Acceptance of the rules and sanitary arrangements**

Registration for the Lélex - Pays de Gex implies unreserved acceptance of these rules.

## **Contacts**

ALPES VÉLO  
3 boulevard John Kennedy  
01000 BOURG-EN-BRESSE  
France  
Mail : [inscription@alpesvelo.com](mailto:inscription@alpesvelo.com)